

The background of the slide is a composite image. The top half shows a clear blue sky over the Frankfurt skyline, featuring several modern skyscrapers. The bottom half shows a green lawn with trees in autumn foliage, with the red brick tower of the Justus Liebig University Giessen visible in the distance.

JLU

NEUE WEGE. SEIT 1607.

JUSTUS-LIEBIG-
 UNIVERSITÄT
GIESSEN

INTERNATIONAL OFFICE OF JUSTUS LIEBIG UNIVERSITY GIESSEN

HOW TO SURVIVE IN GERMANY – TIPS FOR YOUR DAILY LIFE

03 April 2023

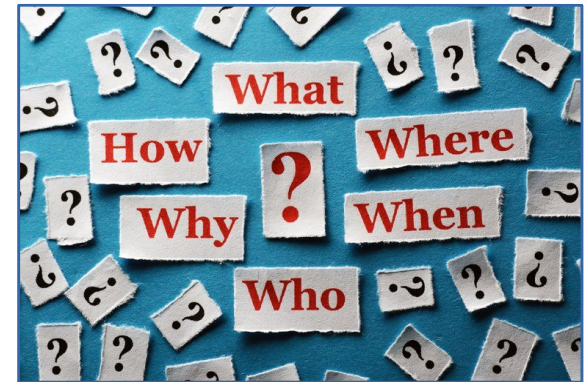
Photo: Colourbox/Dieter Meyer

JUSTINTERNATIONAL SERIES

Question Monday

www.uni-giessen.de/questionmonday

Every 1st and 3rd Monday at 7:30 p.m.



Source: Colourbox.de/lvaylo

The Ultimate Get-Together

www.uni-giessen.de/get-together

Every Wednesday at 7:30 p.m.



Source: Colourbox.de/Borysovykh

TODAY'S TOPICS

- Daily Life Tips
 - Covid-19
 - Bikes, Sim Card, Grocery Shopping, Waste Sorting etc.
 - Translating Websites
- University Organisations
 - Mensa
 - AStA & Student Body of a Faculty ("Fachschaft")
- Life-Saving Tips
 - Cases of Illness and Emergency
- Support Services for International Students and Doctoral Students
- Upcoming Events

COVID-19

- No mandatory wearing of a mask in public
- Where you still have to wear a mask: hospitals, medical practices & nursing homes (**until the 7th of April**)
- Keep updated with current corona regulations:
[Website of the Federal Government](#)
[Website of the Ministry of Health](#)
[Website of Robert Koch Institute](#)

DAILY LIFE TIPS – GENERAL INFORMATION

- Currency of Germany has been the Euro (€) since 2002
- Banks are open from Monday to Friday from 8:30 a.m. to 4 p.m.
→ ATMs are available 24/7
- Shops are **closed on Sundays**

→ exceptions are bakeries, gas station shops (open 24/7)
and grocery stores in train stations
→ Shopping Sundays (Verkaufsoffener Sonntag)

WHERE TO BUY / RENT A BIKE

- www.ebay-kleinanzeigen.de/stadt/giessen/
→ local Ebay
- Universities online bulletin board (Stud.IP)
- Some local bike shops sometimes offer used bikes with a discount.
- Bike rental service: NextBike
(first 45 minutes free for students)
→ <https://www.nextbike.de/en/>



Photo: Colourbox.de / Dean Drobot

HOW TO GET A SIM CARD

- Almost available everywhere (at supermarket, kiosk etc.)
- In order to activate the SIM card, your ID/passport is needed.
- On-site activation, alternatively postIdent or videoident.

If you wish to sign a mobile phone contract during your stay in Germany, have a look at student discount for a 12-month or a 24-month contract offered by O2 or Vodafone etc.



GROCERY SHOPPING

- Major chains (Edeka, Real, Rewe, Tegut etc.)
- Discounters (Aldi, Lidl, Netto, Penny etc.)
- International grocery stores (Kaya Markt, Mix Markt, Turgut etc.)
- Beverage stores
- Weekly and daily markets
- Foodsharing
- Online and specialty shops



Photo: Colourbox.de / Pressmaster

IMPORTANT PHRASES

- I'm looking for... → *Ich suche...*
- Do you have...? → *Haben Sie...?*
- How much does it cost? → *Wie viel kostet das?*
- Which size is that? → *Welche Größe ist das?*
- I'd like to try it on. → *Ich möchte es gerne anprobieren.*
- I'll take it. → *Ich nehme es.*
- Would you like to pay with cash or by credit card?
→ *Bezahlen Sie bar oder mit Karte?*
- Here is your receipt. → *Hier ist Ihr Beleg/Kassenzettel.*

DEPOSIT SYSTEM

- By bringing back deposit bottles to the supermarket you get refund (0,15 Euro or 0,25 Euro).
- Alternatively, you can leave bottles near public trash cans.



Photo: fotolia / Jürgen Fächle

WASTE SORTING AND RECYCLING

- Germans take waste separation and recycling seriously
- Colourful trash cans are seen in front of every building

Yellow: plastics/packaging of
all kinds

Blue: paper

Green/Brown: bio-waste

Black: residual waste



Photo: bsr.de

Glass containers

WASTE SORTING AND RECYCLING

- Bulky waste (used furniture etc.) is picked up on certain days by municipal administration. Alternatively, you can leave the items in front of your house with a "to give away" (zu Verschenken / zum Mitnehmen) sign.
- Special bins for used clothes and shoes
- Hazardous waste (used batteries etc.) can be dropped off in specific locations.



Photo: Jens Wolf/dpa-Zentralbild/dpa

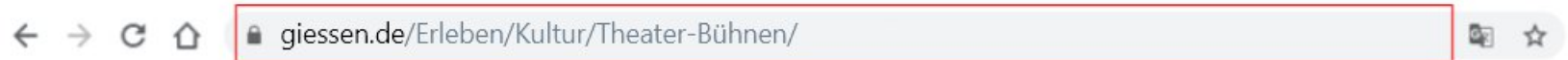
EUROPLUG



Left Photo: Coolourbox.de / traza | Right Photo: Colourbox.de / nLieferant # 1970

TRANSLATING WEBSITES

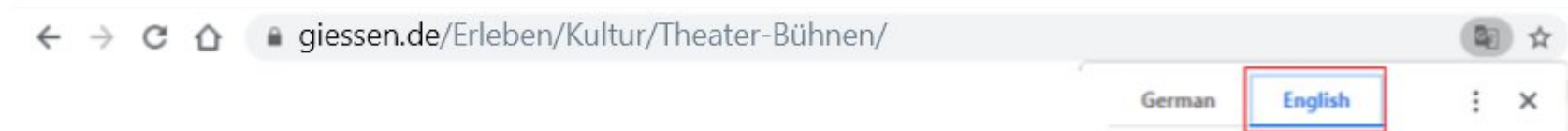
1. Click on the website link



2. Click on "Google Translate" icon as shown.



3. Choose "English" language.



MENSA

- Mensa: German word for "university canteen", in which you can get affordable meals for students
- There are many canteens and cafes located in different campuses of JLU Giessen
- Pausen-CamBus stops at ten areas from Monday to Friday

→ <https://www.studentenwerk-giessen.de/pausen-cambus>



Photo: Studentenwerk Giessen

ASTA & STUDENT BODY OF FACULTY

- AStA: The General Students' Committee elected by the student parliament.
- AStA also offers legal and psychological consultations for students.
→ <https://www.asta-giessen.de/home/erstis/>
- Student body of your faculty (German: Fachschaft) is the go-to contact person if you encounter any questions or problems regarding your studies.
- They also offer study materials or materials for old exams.
→ <https://www.uni-giessen.de/org/ssv/fs>

LIFE-SAVING TIPS – WHAT TO DO IF I GOT SICK?

In non-emergency cases you should follow this steps:

1. Call your family doctor (Hausarzt) or your specialist to arrange an appointment.
2. Don't forget to bring your medical insurance card every time when you visit a doctor.
3. You shouldn't head directly to a hospital expect for emergency cases.

**You can use this website to find doctors who speak English
or other foreign languages:**

<https://arztsucheessen.de/arztsuche/arztsuche.php>

EMERGENCIES

In emergency situations:

1. Call 112 (intoxication emergency? Call 0613119240)
2. Give your name.
3. Give your location.
4. Describe the situation briefly.
5. Give information about the number of injured people and the type of injuries.

WHAT TO DO IF YOU GET SICK DURING HOLIDAYS OR ON THE WEEKEND?

You have the following choices:

- In case of emergency, head to the nearest hospital or call 112.
- You can search for emergency clinics in your region by using this link: <https://www.116117.de/de/index.php>
- If you are sick outside of office hours, visit <https://bereitschaftsdienst-hessen.de/> or contact the medical on-call service (116117).
- Find an emergency dentist here: <https://www.kzvh.de/patienten/notdienstSUCHE/index.html> or call 01805 60 70 11.
- Find emergency pharmacies near you by using this link: <https://www.aponet.de/service/notdienstapotheke-finden/> or call this number 0800 002 28 33 from a landline phone or 22 8 33 from a mobile.

SUPPORT SERVICES FOR INTERNATIONAL STUDENTS AND DOCTORAL STUDENTS

Our counselling includes advice on:

- legal and financial aspects: visa and resident permits, scholarships, funding, and working in Germany
- health insurance
- finding and changing accommodation
- language courses
- social and individual issues
- finding a supervisor for your PhD project and approaching possible supervisors
- getting enrolled as a doctoral student
- submitting applications at the faculties' doctorate committees and examination offices, as well as graduate centres
- semester contributions and rematriculation
- other administrative issues

SUPPORT SERVICES FOR INTERNATIONAL STUDENTS AND DOCTORAL STUDENTS

We also offer:

- lectures and tutorials on relevant issues (finding accommodation, appointments with immigration authorities)
- workshops on various topics and competences (applications for jobs and scholarships, intercultural competences, etc.)
- opportunities for networking and socialising (monthly PhD Roundtables, excursions, etc.)



Photo: JLU-Pressestelle / Sebastian Ringleb

UPCOMING EVENTS

10 00 | 04.04.2023

German Language Courses

Meeting ID: 2734 590 4950 | Password: JLU1607

12 00 | 04.04.2023

Residence Permit for Your Study Period

Meeting ID: 2730 951 8534 | Password: JLU1607

12 00 | 04.04.2023

Question Time for VIP students

Meeting ID: 2730 262 1747 | Password: JLU1607

14 00 | 04.04.2023

How to Study Successfully

Meeting ID: 2734 501 1572 | Password: JLU1607

16 00 | 04.04.2023

Finding Accommodation

Meeting ID: 2734 803 2645 | Password: JLU1607

14:00 | 05.04.2023

Introduction to the University Library

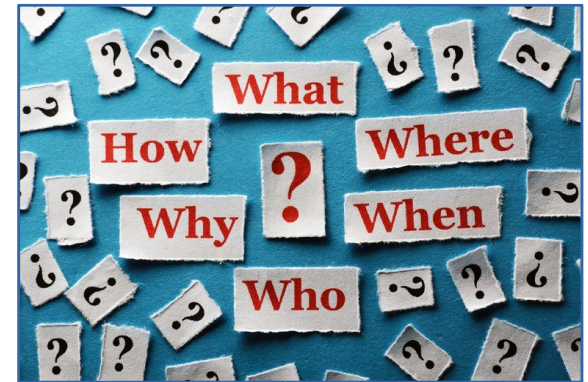
Meeting ID: 2732 937 8121 | Password: JLU1607

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THANK YOU!